

WHAT SONG IS IN YOUR HEART?
A Song To Get Us Home
Psalm 121

This morning we are in the 3rd week of our Sermon Series “What Song Is In Your Heart?”

We are looking at what is known as the “Psalms Of The Ascent” that the Jews would recite as they journey to Jerusalem to the Temple for worship.

- In **Psalm 120** we said the Psalmist comes before the Lord for people had been hired to lie about him, slander his name, and to deal with him deceitfully.
- How does the Lord respond, “that He would be his righteous Judge and Defender”.
- Throughout this Sermon Series I desire for you to see, from Scripture, that no matter what season you may be in your life, God will give you a song from His Word that will sustain you.
- **II Corinthians 12**
 - Paul is dealing with what he calls a “thorn in the flesh”.
 - This was Paul’s season, but the question is what song will God give him for his heart during that season.
 - God does not tell the Apostle Paul that He will remove the thorn but rather look at the words of:
 - **II Corinthians 12:9** “*My grace is sufficient for you, for power is perfected in weakness*”.

Today we come to **Psalm 121**:

- The Psalmist is anticipating his journey to Jerusalem but in this Psalm, he is also concerned with the dangers he may face along the way.
- Jesus tells a Parable of the Good Samaritan in **Luke 10**.
 - **Luke 10:30**
- This was more than a Parable to the Jews who were traveling from their homes to Jerusalem for worship it was a reality in their lives as they traveled.

What song does God give to the Jewish traveler as he journeys to Jerusalem?

He gives the Jew, and us today, 4 things about who He is.

- **Verses 1-2** – God is my strength.
 - As the Psalmist begins his journey to Jerusalem, he cast his eyes around him and all he sees is mountains. (what is your mountain today?)
 - Then he poses a question, “**From where shall my help come?**”
 - His help will come from the Lord, but how does he know that?
 - Because his Lord is the one that has made heaven and earth.
 - Who is the maker of the mountain?
- **Verses 3-4** – God is my support.
 - The word “keep” appears 6 times in these verses and its meaning is:
 - To guard, to protect, and to take care of.
 - The first time we see the word “keep” is in the Book of Genesis where the Lord put Adam in the garden to “keep it”.
 - Twice we are reminded that the One who keeps us “never sleeps and never slumbers.”
- **Verses 5-6** – God is my shade.
 - Few in the Bible would understand this concept better than Daniel in the lion’s den and his 3 friends Shadrach, Meshach, and Abed-nego in the fiery furnace.
- **Verses 7-8** – God is my Savior.
 - **Matthew 14:31**
 - **Psalm 40:1-4**